

### **Stress, Health and Performance: Lessons learned from 15 years in California Teachers Association's Survive and Thrive Program**

This interactive presentation will highlight risks of stress and burnout and offer tools for resiliency and healing.

*Trainers: Dr. Byron Greenberg, Associate Professor Virginia State University [bgreenberg@vsu.edu](mailto:bgreenberg@vsu.edu) and Brianna Jaris, Greenberg & Associates*

### **Online Course Offerings and Grant Writing Resources from The NEA Foundation**

In this interactive session, participants will learn about the resources available to educators through the NEA Foundation. Participants will explore The Foundation's free online courses and be provided an overview of eligibility requirements and tips on how to write successful grant proposals for grants from The Foundation and other organizations.

*Trainer: Jesse Graytock, NEA Foundation [jgraytock@nea.org](mailto:jgraytock@nea.org)*

### **Rising to the Challenge of Technology Integration**

Looking for ways to meet the challenge of technology integration in your classroom? Join us for an overview of a variety of technology tools that all teachers can use in today's classroom. Participants will have time to explore the new tools and brainstorm ideas to utilize the tools in their classrooms next week. **Bring your own device.**

*Trainers: Kaitlin Jensen, Virginia Beach Education Association [kajensen913@gmail.com](mailto:kajensen913@gmail.com) and Margie Tiner, Portsmouth Education Association [mrs.tiner@yahoo.com](mailto:mrs.tiner@yahoo.com)*

### **Challenge Accepted! Motivating Students using Classroom Management Strategies**

This presentation is an overview of classroom management strategies that motivate student learning for the unique needs of each student. After a brief overview of terminology, attendees will explore vignettes of classrooms in need of classroom management strategies. Presenters will guide attendees through the decision process for each vignette.

*Trainers: Megan Miller, Navigation Behavioral Consulting [mmillernbc@gmail.com](mailto:mmillernbc@gmail.com) and Laura Stacey McKane*

### **History for All**

"The purpose of history...is to feel the feeling that has been," said Eli Siegel. This workshop will show teachers how to use poetry to help students understand history and demonstrate ways they can assess student comprehension of historic events. Strategies can be implemented in class the next day.

*Trainer: Angeliqve Clarke, Chesterfield Education Association [angelique\\_clarke@ccpsnet.net](mailto:angelique_clarke@ccpsnet.net)*

### **Achieving National Board Certification**

You are an accomplished teacher and you are ready to take on the challenge of becoming a National Board Certified Teacher (NBCT). What is involved and how can your association help? The interactive discussion will provide information on the background, process, what is required and what is new about the process of becoming a NBCT.

*Trainers: Carol Bauer, NBCT, York Education Association [cdbauer@mac.com](mailto:cdbauer@mac.com) and Eleanor Joyce, National Board Specialist, Virginia Department of Education [Eleanor.joyce@doe.virginia.gov](mailto:Eleanor.joyce@doe.virginia.gov)*

### **Support and Ideas for Education Support Personnel (ESPs)**

This session will give ESPs a toolkit to confidently address issues, solve problems and meet needs in the workplace.

*Trainers: Afreen Gootee, Hanover Education Association [agootee@hanover.k12.va.us](mailto:agootee@hanover.k12.va.us), Mitch Cunningham, Loudoun Education Association & Naila Holmes, Director of VEA Office of Field Service, Organizing and Minority Engagement*

### **Dealing with Difficult Situations – and People**

Life is 10% what happens to me and 90% how I react to it! This workshop offers suggestions on how to head off difficult situations by assessing verbal and non-verbal cues of others and how to send out positive non-verbal messages; some advice will be offered on the differences in positive interactions with adults and children; and also, group work on how to diffuse a difficult situation.

*Trainer: Doris Boitnott, VEA Cumberland Mountain UniServ Director [dboitnott@veanea.org](mailto:dboitnott@veanea.org)*

### **Start School with Breakfast!**

The National Education Association Health Information Network (NEA HIN) in partnership with the Virginia Education Association seeks to promote alternative breakfast service models like breakfast in the classroom to educators, school professionals and those associated with the school community.

This session will raise awareness about the importance of school breakfast and walk participants through the process of engaging multiple stakeholders in the planning and implementation of a classroom based breakfast model. The session will include opportunities and discussion around the challenges of a classroom based breakfast model.

*Trainer: Annelise Cohon, NEA Health Information Network [acohon@nea.org](mailto:acohon@nea.org)*

## **“Which ME Are You Teaching?” A look at Mental Illness in the Public School Classroom.**

This workshop will provide the following: Tips on how to REACH, TEACH, and ADVOCATE for students with mental illness in the public school classroom.

*Trainer: Melodie Henderson, Chesterfield Education Association [hendersonmm28@gmail.com](mailto:hendersonmm28@gmail.com)*

## **Why Don't Decision Makers Listen to Teachers?**

Talking louder doesn't help if you don't speak the same language. Teachers can have a voice in education policy if they understand the culture of influencers, policymakers, and pundits. When traveling beyond the borders of the classroom, effective teacher leaders pack their diplomatic pouch with tools to assess factors of readiness, restraints, resources and risks.

*Trainer: Susan Graham, VEA-Retired (formerly Stafford Education Assn.) [susan\\_n\\_graham@yahoo.com](mailto:susan_n_graham@yahoo.com)*

## **Mastering Student Academic Progress in Teacher Evaluations**

Student achievement comes in many different forms, fashions, shapes and sizes. Learn how to effectively measure progress and articulate the achievements your students make. We will discuss “Performance Strand 7 Student Academic Progress” as it relates to teacher evaluations in Virginia.

*Trainer: Carol Bauer, York Education Association [cdbauer@mac.com](mailto:cdbauer@mac.com)*

## **Your Instructional 411 - How the Office of Teaching and Learning Can Help**

VEA's Office of Teaching and Learning (OTL) is a resource available to all members looking to enhance instructional skills, develop leadership skills, and advance their professional careers. From workshops for teachers, support professionals, and student members, OTL has something to offer everyone! This 60-minute workshop will provide an overview of available courses and resources as well as interactive previews of some of our most popular courses. Also, be the first to hear about upcoming OTL plans and have a chance to give your input to help guide the next steps we take!

*Trainers: Sandra Barnstead & Dr. Antoinette Rogers, VEA Office of Teaching and Learning*

## **Promoting Early Literacy**

Activities will be presented that promote Early Literacy through the use of puppets. Participants will see demonstrations of ways to expand the activities and how to incorporate the use of puppets across the curriculum. Participants will go home with a lesson plan and materials they can immediately put to use.

*Trainer: Sarah Patton, Covington Education Association [spattonhorses@gmail.com](mailto:spattonhorses@gmail.com)*

### **Stress Relief to the Rescue!**

Learn 7 proven strategies for reducing stress in spite of what is happening in your classroom.

*Trainer: Dr. Kitty Boitnott, Former VEA President, Boitnott Consulting [kittzb@comcast.net](mailto:kittzb@comcast.net)*

### **Assessing and Tracking Student Growth with the NEA Academy**

Do you need to know how to track student growth? We have the session for you! The NEA Academy has evaluated different types of assessment to help track student growth. Come and learn how to use these skills in your classroom. This is a presentation focused on assessment and student growth. If your state has student learning objectives embedded into the teacher evaluation system, this will show you where to start.

*Trainer: Lisa Guzman, NEA Academy [lguzman@neamb.com](mailto:lguzman@neamb.com)*

### **Why Johnny Doesn't Know Sight Words: The Effects of Concept of Word on Sight Word Acquisition**

Sight word acquisition is an essential component of literacy. However, many students struggle with acquiring sight words. This presentation will explain the process of sight word acquisition and explain the role of concept of word in this process. Instructional recommendations will be provided.

*Trainer: Jennifer Floyd, Rockbridge/Lexington Education Association [jaf9d@virginia.edu](mailto:jaf9d@virginia.edu)*

### **True Colors**

Learn more about your personality ID and its impact on your professional dynamics and relationships. True Colors is a model of personality identification that is easy to understand, remember and apply. With the colors of Blue, Gold, Green and Orange – True Colors distills the elaborate concepts of personality theory into a user-friendly, practical tool used to foster healthy productive relationships.

*Trainer: Levetta Nesbitt, Dominion UniServ Director [lnesbitt@veanea.org](mailto:lnesbitt@veanea.org) and Christy Sullivan, Loudoun UniServ Director*

### **"Why do we need to know this?"**

It's a valid question. Motivation, engagement and retention require relevance. Participants will connect the dots between academics and electives to reveal how what our students need to learn informs to how they want to live.

*Trainers: Susan Graham, VEA-R [susan\\_n\\_graham@yahoo.com](mailto:susan_n_graham@yahoo.com) and Andy Hayes, Stafford Education Association [hayesam@staffordschools.net](mailto:hayesam@staffordschools.net)*

### **Getting It Right: Using Comprehensive Teacher Evaluation Systems to Support The Teaching and Learning Process**

In today's political policy environment, what are the implications for teacher evaluation? How can or should evaluation systems support the teaching and learning process? How important is the alignment of teacher evaluations to comprehensive education systems? What do we need to know about validity, reliability and comparability of multiple measures? What organizing opportunities are available that we capitalize on? This session will examine how to transform or leverage political realities into Association opportunities while enhancing our profession.

*Trainer: Dr. Adriane Dorrington, NEA Senior Policy Analyst [adorrington@nea.org](mailto:adorrington@nea.org)*

### **Teaching Writing: 21<sup>st</sup> Century Tools for Effective Learning**

This is a hands-on session. Explore several online tools you can use to engage your students in the writing process. **Bring your own device to participate!**

*Trainers: Melanie Lewis, Amherst Education Association [mmlewis85@me.com](mailto:mmlewis85@me.com) and Gail Moore, Amherst Education Association*

### **Hatching New Scientists Every Day!**

Participants will experience the joys of curiosity and discovery in the world around us as they explore Science through the eyes of a child! They will engage in hands on science inquiry that is geared toward students in PreK-2. Participants will be introduced to the NEA/PBS partnership and will leave the session with materials, supplies and activities to use in their own classrooms! Presenters for this session are members of the NEA Early Childhood Education Cohort.

*Trainer: Tracy Hinty, Rockbridge/Lexington Education Association [tracy\\_hinty@rockbridge.k12.va.us](mailto:tracy_hinty@rockbridge.k12.va.us)*

### **Engaging the Internet: Tools to Support Literacy Instruction and Parent Involvement**

Use the power of the Internet to support your daily literacy instruction and to promote parent involvement and communication. This presentation will introduce a variety of web-based tools while also providing suggestions for classroom application.

*Trainer: Jennifer Floyd, Rockbridge/Lexington Education Association [jaf9d@virginia.edu](mailto:jaf9d@virginia.edu)*

### **Write this Way: Using RAFTS to write across the curriculum and increase student motivation towards writing.**

Participants will walk away with ready to use activities, a newfound excitement for incorporating writing, and a toolkit of ideas for increasing writing with their discipline.

*Trainer: Chantea Wright, Richmond Education Association [cgudger@richmond.k12.va.us](mailto:cgudger@richmond.k12.va.us)*

### **Integrating Art into the Classroom**

Want to incorporate 21<sup>st</sup> century skills such as problem solving, critical thinking, and creativity into your classroom? Love the arts but not sure how to integrate in your everyday curriculum? Join us to tap into your creativity and unlock how to integrate the arts into your classroom!

*Trainers: Precious Crabtree, Fairfax Education Association [paw7@earthlink.net](mailto:paw7@earthlink.net) and Julia Schickel, Fairfax Education Association [Julia\\_schickel@yahoo.com](mailto:Julia_schickel@yahoo.com)*

### **SVEA meeting for Student Members only**

Learn more about the Student VEA program and develop effective communication skills that are useful in professional and personal settings.

*Trainers: current SVEA Board members*

### **The Power of Family-School-Community Partnerships (FSCP)**

This training focuses on providing association members/leaders with a “toolkit” of partnership-building approaches and skills that they can use at the local level to support student success. Emphasis is placed on educators as powerful spokespeople for community collaboration and skills that support strategies that respect and honor diversity.

*Trainer: Brenda Vincent, NEA Senior Program Analyst [bvincent@nea.org](mailto:bvincent@nea.org)*